AQUATICS

PALM PARK AQUATIC CENTER
ADULT LAP SWIM
18 YRS. & OVER

M/W/F	6:00 a.m. – 7:30 a.m.
M-S	11:30 a.m. – 1:00 p.m.
M-F	6:30 p.m. – 8:00 p.m.

Fee: $3.00 per person

Pre-paid passes are available for purchase.

Location: Palm Park, 5703 Palm Ave.
(562)908-3666

American Red Cross Lifeguard Classes

Join us for two weekends of training to become certified in American Red Cross Lifeguarding, Standard First Aid, and CPR/AED for the Professional Rescuer. **Participants need to be 15 years or older and able to successfully pass the prerequisite skills test given at the start of the class. 1) Swim 300-yards continuously using the front crawl and/or breaststroke. 2) Tread water for 2 minutes using only the legs. 3) Within 1 minute and 40 seconds, swim 20 yards, retrieve a 10-pound object from the bottom of the pool, and swim back to the starting point with the object.** Please call Palm Park at (562) 908-3666 for more information. **Those enrolled must attend all four class dates for the session they are enrolled in. Please bring a swimsuit, towel, and a sack lunch to each class meeting. Registration will not be taken on the first day of the class. Digital link to lifeguard textbook from computer, pocket mask and certification cards Included! Refunds will not be given for those who enroll in the class and are unable to pass the prerequisite skills test given on the first day of class. Those enrolled in either class and wishing to practice the prerequisite skills test can come to Palm Park on 2/4/14 from 5:00 - 6:00 p.m. and review with the Instructor.**

Location: **Palm Park, 5703 Palm Ave**
Instructor: **Darren Schmidt** **4 classes**
Fee: **$172** **Resident Discount Fee:** **$152**

34023	**2/8-2/16**	**S & Su**	**8:00 a.m.-4:00 p.m. 15 yrs.-adult**
34024	**2/22-3/2**	**S & Su**	**8:00 a.m.-4:00 p.m. 15 yrs.-adult**

Lifeguard Tryouts For Summer Jobs

The City of Whittier is looking for energetic people who enjoy working with the public to join our team of professional lifeguards for the 2014 summer season. The City will be holding tryouts for lifeguard positions for those who are currently certified in American Red Cross; Lifeguard Training, CPR/AED for the Professional Rescuer, and Standard First Aid. Those who successfully pass the lifeguarding skills assessment and swim tests will be scheduled to participate in the interview selection process. Please call (562) 908-3666 for more information. **Candidates need to bring a copy of their valid certifications to the tryout day. Pre-registration is required for the tryout day and can be acquired by filling out a class registration. If we have harsh weather conditions (thunder/lightening), the pool portion of the skills test will be rescheduled for Sunday, March 9; however, we will still conduct portions of the tryouts on March 8. Because of the City's Nepotism Policy, applicants cannot be related to anyone currently working for the Parks, Recreation, and Community Services Department.**

Location: **Palm Park, 5703 Palm Ave**
Instructor: **Aquatic Staff** **1 class**
Fee: **FREE**

34025	**3/8**	**S**	**9:00 a.m.-1:00 p.m.**	**15 yrs.-adult**